

DISTRICT 13 AA

Next District Meeting: Wed Jan 18th 7pm Merrimack YMCA

Serving the towns of Amherst, Brookline, Hollis, Hudson,
Merrimack, Milford, Mont Vernon and Nashua

Volume 17 Issue 1

WebSite: www.nhaa13.org

email: newsletter@nhaa13.org

*Tradition 1: "Our common welfare should come first; personal recovery depends upon A.A. unity."

*Step 1:" We admitted we were powerless over alcohol - that our lives had become unmanageable."

Passing It On!

It is with great pleasure I introduce myself as your next Newsletter Chairperson. My name is Tim, and I am an Alcoholic. That was the most life changing thing I have ever said, once I *could* say it.

I do not take the responsibility of producing the newsletter lightly. I myself have been an avid reader for some time. I have attended the GSR meeting for approximately the last 6 years and have seen all the positions pass hands a few times. It is amazing to watch, to see the Concepts and Traditions actually working. To see dedicated individuals step up to the task of keeping watch over District 13 in Area 43 of Alcoholics Anonymous. I commend all those that have accepted the various District jobs and thank you for your service. I invite all readers to come out on the third Wednesday of every month and see what goes on. On the same note if you go to a meeting that doesn't have a GSR, ask why. Then offer to become one. This is our AA, and believe it or not, it doesn't run itself. We may have no rules but we do have a task to get the word out that no one has to suffer any more. WE KNOW THE SOLUTION!

I really have some great ideas to keep the newsletter interesting. I am hoping I get contributions often, so anyone out there that has something to share with the district please email it to newsletter@nhaa13.org. If you can't email it, you can pass it to me at meetings, or you can even throw it in an envelope and mail it to the district. The mailing address can be found at the end of the newsletter.

I would like to spotlight a meeting every month to try and help some of the groups that are struggling with attendance. If you happen to know such a group, do a write up with the details like where are they (not just an address, but what door to go through, where in the building it is) what the format is and maybe even why you like it. I would love to share this information about all the meetings, so let me know about your favorite meeting.

This time of year is can be very exciting and very scary at the same time. I urge anyone that is going to be alone to join one of the many Alkathons around the area during Christmas and New Years Eve. You don't have to go it alone. Look at the list provided on the activities page and choose one. Of course, I am partial to the one right here in District 13.

The primary purpose of this newsletter is to carry the message of recovery to alcoholics and practice the AA principles in all it's affairs. This newsletter's goal is to support a more informed community within AA as it serves District 13.

Area 43 Service Office-Call for Books, chips, meeting lists, etc... (603) 622-6967

NH AA Hotline: 1-800-593-3330

Meeting Spotlight ... The Terrace Group

Location: United Methodist Church
Address: 154 Main Street Nashua
Time: Thursdays 7:30 PM to 9:00 PM
Format: Speaker/Discussion

The Terrace Group was recently relocated from the Connections room at Harbor Homes along with quite a few other groups. After a short stop on Concord Street they have landed at the United Methodist Church on Main Street in Nashua. The entrance is on the left hand side of the building all the way in the back. If you are looking for parking there is a big city lot behind the church. To get there turn on to Temple Street and turn right in the driveway after the building that is right on the corner of Main and Temple. You will find plenty of parking. From here the door to go in can be easily seen. To get to the meeting go through the door and go downstairs. A lot of the meetings that meet here are upstairs, but the Terrace Group isn't, so don't let that confuse you. Once you get downstairs grab yourself a cup of coffee and a big slice of freshly made cake. If you don't like cake, there is still plenty of cookies, and even some candy. I have to admit sometimes it's the snacks that keep me going to a certain meeting. I need to get my medicine, might as well get some good snacking in at the same time.

The meeting is listed in the book as a speaker/discussion meeting, which means someone shares their experience, strength and hope and then the floor is opened for a general discussion. Here after the speaker they read a bit from the *Living Sober* book first. They then go around the room in a round robin fashion until everyone has had a chance to share. This doesn't mean you *have* to share, just that everyone is given a chance to.

The small group of people that have chosen to keep the meeting going are friendly and welcoming. I was made to feel very comfortable and was happy I decided to go to this particular meeting. The next time you are out on a Thursday night looking for a sober place to hang out with some warm and friendly faces, drop in at the United Methodist Church. Oh yea, and tell 'em Tim sent you.

“We know that while the alcoholic keeps away from drink, as he may do for months or years, he reacts much like other men. We are equally positive that once he takes any alcohol whatever into his system, something happens, both in the bodily and mental sense, which makes it virtually impossible for him to stop. The experience of any alcoholic will abundantly confirm this.”

- P. 22 Alcoholics Anonymous

LIFE

By Bill Somers

I look on down the road of life
 And sometimes all I see,
 Are all the problems of the past,
 Staring back at me.

Just about the time I think
 That everything's all right,
 Some small forgotten detail
 Decides it's going to bite.

Then I'm sure I have the handle
 On all I need to do
 To keep my life in order
 But then there's something new.

One minute I'm riding sure and high
 And the next I'm shot down low.
 One day I'm warm and fuzzy
 And the next I'm chin deep in snow.

One week I'm good at all I do
 And everything is mellow.
 The next I trip on my own feet -
 I'm a very inept fellow.

I didn't know what to call it -
 This ebb and flow and strife
 Until I finally understood
 That what it is - is life.

So life is for the living,
 Of which, I damn well am.
 And life is where I want to be -
 Get ready, get set - - - WHAM!

“The wise person listens to everyone and thanks them for their opinion. Then he sends them away and does what he thinks best”
 -Confucius.

"Remember that not getting what you want is sometimes a wonderful stroke of luck."
 -Dalai Lama

When you come to the end of all the light you know, and it's time to step into the darkness of the unknown, faith is knowing that one of two things shall happen: Either you will be given something solid to stand on or you will be taught to fly.
 -Edward Teller

District 13 Alkathon Committee Announcement

There are food and volunteer signup sheets floating around now at district meetings.
 Your help in making this year's Alkathon a success is greatly appreciated.

Join an Alkathon near you!

District 13 - Noon Xmas Eve through 8 PM Xmas Day

Hudson Community Center -

District 9 - 6 PM Xmas Eve through 6 PM Xmas Day

Friendship Center - 45 East Broadway Derry, NH

District 12 - 6 PM Xmas Eve through 6 PM Xmas Day

Springfield College - 500 Commercial St Manchester, NH

District 14 - 6 PM Xmas Eve through 11 PM Xmas Day

Kittery Lions Club, Route 1, Kittery ME

District 18 - 7:30 am - 9:30 pm Xmas Day

Millie's Place, Route 11 45 John Stark Highway Newport Shopping Plaza

District 10 - New Years Eve 6pm--New Years Day noon

St. Julie's Hall (behind St Joseph's Church) 40 Main St., Salem, NH

District 14 - 6 PM New Years Eve through 11 PM New Years Day

Kittery Lions Club, Route 1, Kittery ME

District 13 Alkathon Committee Announcement

The Alkathon Committee is meeting to plan the 2011 District 13 Alkathon.

Meetings take place every Thursday at 6:00 pm, Church of the Good Sheppard, Main St. Nashua.

Many are needed, all are welcome. For more info on how you can get involved and support the biggest AA event of the year, call Mike at 603 554 5954

For More Events and info, check out the NH AA Area Web Site:

<http://www.nhaa.net>

and click on:

Area District and Group Events

Please email AA event info to: newsletter@nhaa13.org

or use snail mail:

District 13 Newsletter,

PO Box 3513

Nashua, NH 03061

The deadline for Feb 2012 Edition will be Thursday February 9, 2012.