

District 13 Newsletter June 2010

Serving the towns of Amherst, Brookline, Hollis, Hudson, Merrimack, Milford, Mont Vernon, and Nashua. Available online at District 13 web page: www.nhaa13.org

**NH AA Hotline:
1-800-593-3330**

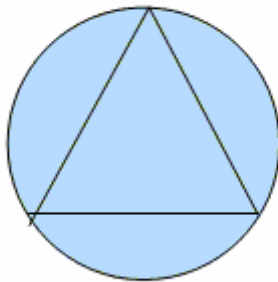
Area 43 Service Office-Call for Books, chips, meeting lists, etc... (603) 622-6967

**Check out the improved District 13 WebPage
www.nhaa13.org**

The primary purpose of this newsletter is to carry the message of recovery to alcoholics and practice the AA principles in all it's affairs. This newsletter's goal is to support a more informed community within AA as it serves District 13.

Tradition 6

"An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose."



A Report from the AA Convention by John N

I was able to attend the Area Convention held in April at the Nashua Marriot Courtyard. I was greeted upon arrival by Leo from Milford and Bob from Kittery who were stationed in the lobby greeting all arrivals, and making sure everyone felt welcome. I felt like I was home. Checking in was a breeze because of the many volunteers who made sure nobody had to wait long in line. The coffee was flowing and workshops were in progress by the time I finished putting on my name badge that allowed me access to all area convention events.

While I was too late to take advantage of the morning yoga, I decided to check out the AA Tapestry Workshop. I saw many friends from across NH in attendance, and was given a excellent presentation of how AA's 12 Steps, 12 Traditions and 12 Concepts tie together to afford us as a chance to recover from the hopelessness of alcoholism. I must admit, it was the first time I heard someone speak about AA's 12 Concepts.

Continued on pg2

Recovery Poetry Contributed By Stretch

I started out life
I moved through clean.
then my character got,
it got real mean.

continued on pg3

Please email comments or submissions to the Newsletter to newsletter@district13.org or snail mail to District 13 Newsletter, PO 3513 Nashua, NH 03061
The deadline for July Edition will be June 11, 2010.

**Next District 13 Meeting – Wednesday June 16, 7pm
at the Merrimack YMCA**

A.A. Convention Report Continued from page 1

I then attended a speaker meeting and heard the powerful story of Bo (Alanon) and Shirley (AA) from Alabama. They told how a family recovers together. They have been thru a lot in sobriety, including the loss of their only son to a fatal crash caused by a drunk driver, and a daughter who nearly died of an brain aneurysm. I was moved to tears more than once during their talks, and learned that recovery must begin at home. We affect a lot of people while we tell ourselves the lie "I'm only hurting myself".

Then I hit the Hospitality Suite to take my turn at hosting. Hosting involves speaking to people who come in alone. Taking a few minutes to talk to them helps both of us feel like we belong. I was assisted by Sean and Cinny from my home group during our 2 hour stint. Keith of the Function Committee made sure we knew what to do, and it was easy because the room was well stocked with food and beverages. Many folks came in during my shift because it was lunchtime, and we can take pride in our District because folks were able to eat lunch for free at the Suite instead of having to leave the convention. After the lunch rush, I got to speak with Bo and Shirley who I had listened to earlier. I let them know how much their talk meant to me. I got to see how recovery has made their relationship with each other so much better than it could ever have been without AA.

Lastly, I hit the end of the "Old Timers" meeting. Old timers where chosen by selecting names from a hat full of volunteers (20 plus years of sobriety minimum). I got to hear wisdom from several speakers I knew and also from a few I had never met. I got something out of each speaker. Due to family commitments, I had to leave after that. As usual, I had not really felt like going before I got there, but when it was time to leave, I wished I could have stayed for more AA Recovery.

Thanks to all who came and gave of themselves to make this years AA Convention a resounding success.

Reported By John N.

Dr Bob and the Good Oldtimers....A Great read.

I am taking the opportunity to reread *Dr Bob and the Good Oldtimers*. It is a book about how AA grew up in Akron and Cleveland. I am in the process of reading it for the 3rd time, because it contains so much powerful information about how AA really works. The book describes how Faith combined with Work is the way any AA can get sober, stay sober and help others while continuing to grow spiritually. The books author used interviews and speaker tapes from many of the early pioneers of AA to compile an accurate account of the early history of AA which will amaze the reader of just how great of a miracle it is that AA is still hear for us today. One of the sources he used is a long talk by Dr Bob that is available on CD. Dr Bob describes how he works his program. The audio quality is a bit poor due to the sound technology of the time when it was recorded, but it is one of the best AA talks I've ever heard. If you want to hear it too, send me an email with your address, and I will send you a cd to listen to and share with others in your circle of recovery.

For a copy, email your address to "newsletter@nhaa13.org"

Recovery Poetry By Stretch

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Without much thoughts or things to share,
the life in my eyes,
became just a dead stare.

I lied, I stole, and was cold as ice.
Making all the false statements just to get my slice.

Now 54, at roads end
I've found AA, I found a True friend.

My God has called me to give it all back.
Being clean and sober
Hey, it's all that.

So stay in AA, and you will find,
That life's not so bad.
This is YOUR time.

So Come on in and take your seat,
because Together
Together, this disease we'll defeat.

My home is where I could hang my hat,
and travel though life
And that's that.

No purpose or meaning
all thoughts left behind,
You'll search and search
And still never find.

So when your thoughts were yours, yours with ease;
You still can't find
That sense of peace.

Contributed by Stretch
Nashua
4-14-2010

THIRD STEP PRAYER used by [Dr. Bob](#)

As it states in the Big Book, the wording of the 3rd step prayer is up to each individual. As long as it expresses the idea that God will be running the show from now on.....Dr Bob had his own version which is included below for you to meditate on.

Dear God,

I'm sorry about the mess I've made of my life.

I want to turn away from all the wrong things I've ever done and all the wrong things I've ever been. Please forgive me for it all.

I know You have the power to change my life and can turn me into a winner. Thank You, God for getting my attention long enough to interest me in trying it Your way.

God, please take over the management of my life and everything about me. I am making this conscious decision to turn my will and my life over to Your care and am asking You to please take over all parts of my life.

Please, God, move into my heart. However You do it is Your business, but make Yourself real inside me and fill my awful emptiness.

Fill me with your love and Holy Spirit and make me know Your will for me. And now, God, help Yourself to me and keep on doing it. I'm not sure I want You to, but do it anyhow.

I rejoice that I am now a part of Your people, that my uncertainty is gone forever, and that You now have control of my will and my life. Thank You and I praise Your name.
Amen.

The Back Page Flyer, Put Your AA Event Here!!! email event info to newsletter@nhaa13.org or call John 603 930 3047

District 13 Function
*****BBQ SATURDAY May 29 1-4PM*****
Hope 2 C-U at the U-U
4 the AA B-B-Q!!!
Food, Fun, Music, Games
and a Meeting for
AA Members, Friends and Family
Sponsored by the District 13 Function
Committee,
Join us as we put FUN back into Dysfunctional.
UU Church corner of 58 Lowell and Canal
Street, Nashua, NH

75th AA Anniversary to be celebrated July 1-4 in San Antonio, Texas
With the theme "A Vision for You." A.A. members and guests from around the world will celebrate A.A.'s 75th year at this event with big meetings held Friday and Saturday night and Sunday morning in the Alamodome.
More info: Google: aa 75th convention

Note: District 13 Function committee will be on summer hiatus following the May 29 BBQ. Stay tuned for more functions starting up again in September!!!!

Let us know if you know of any AA functions like the Mountain top meeting, Circle of Friend (Labor Day weekend), Sober Cruises, Bowling, Softball, Bike Rides, Motorcycle Rides, Ultimate Frisbee, Picnics etc....We would love to post invitations for open AA events. Have Fun, Live Life, Be Active in AA.

Pack Monadnock Mountaintop Meeting
Starting up again April thru October of 2010 rain or shine on the First Sunday of each Month at 5 pm. Next Meeting May 2.
Note: Allow 1 hour if you plan to walk up. Speaker discussion meeting on Step 11. Take 101 West to Miller State Park in Temple NH. NH State Parks do charge a day use fee of \$4 per carload. There are envelopes and the honor system is used.

To: All Richard Cranium
AKA Dick Head!!!
Last Known Location: Halls of AA
Reference: Not Working Step 10!!!
Result: I shall pray for you!!!
With Sincere Compassion and Love!!!
Terry L. District 13 (Nashua)
4/20/2010

Your Groups AA Event Could be on this page!!!
Please email your AA event to newsletter@district13.org or mail to District 13 Newsletter, PO 3513 Nashua, NH 03061
The deadline for June Edition will be May 14.