

# District 13 Newsletter

Volume 13 Issue 08

August 2008

## Statement of Purpose

The primary purpose of this newsletter will be to carry the message to alcoholics and practice the AA principles in all it's affairs. This newsletter's goal is to create a more informed community within AA as it serves District 13. The opinions expressed are those of the contributor, not necessarily that of District 13 or AA as a whole.

## **Tradition Eight**

Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.

## **Step Eight**

Made a list of all persons we had harmed and became willing to make amends to them all.

## **Concept Eight**

The trustees are the principle planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

## **Lois Wilson and Anne Smith**

Contributed by Steve D.

Much has been written about AA's founders Bill Wilson and Dr. Bob Smith. Two people who are equally as important to the success of AA are their wives, Lois Wilson and Anne Smith. Throughout the lives of both Dr. Bob and Bill W., their spouse's were a source of encouragement and inspiration prior to the inception of AA, in AA's early days and also into AA's maturity.

Prior to meeting Dr. Bob, Bill W. struggled when working with other alcoholics, he had no success in helping others to get sober with the Oxford Group tenets. Frustrated he confided to Lois that he felt he was wasting his time. Lois said, "No Bill, you aren't wasting your time. For the first time in our seventeen years of married life, you have gone four months without a drink. This thing is working, and I so love you sober. Please keep trying."

After Bill W.'s failed business venture in Akron, Ohio, Henrietta Seiberling introduced Bill to Dr. Bob. In Dr. Bob's Nightmare Bob tells of his first meeting with Bill W.



Bill and Lois Wilson

***“My wife and I abandoned ourselves with enthusiasm to the idea of helping other alcoholics to a solution of their problems.”***

***(Excerpt from Bill's Story, Alcoholics Anonymous)***

*About this time a lady called up my wife one Saturday afternoon, saying she wanted me to come over that evening to meet a friend of hers who might help me. It was the day before Mother's Day and I had come home plastered, carrying a big potted plant which I set down on the table and forthwith went upstairs and passed out. The next day she called again. Wishing to be polite, though I felt very badly, I said,*

*"Let's make the call," and extracted from my wife a promise that we would not stay over fifteen minutes. We entered her house at exactly five o' clock and it was eleven fifteen when we left.*

After Dr. Bob attended a medical convention and got drunk, his story continues:

*I bought some more liquor on the way to the depot. I had to wait some time for the train. I remember nothing from then on until I woke up at a friend's house, in a town near home. These good people notified my wife, who sent my newly-made friend over to get me. He came and got me home and to bed, gave me a few drinks that night, and one bottle of beer the next morning. That was June 10, 1935, and that was my last drink.*



*Dr. Bob and his wife Anne Smith*

Lois Wilson developed the 12-step program of Al-Anon and both she and Anne Smith gave of themselves, working tirelessly to help alcoholics and their families. AA is forever grateful for these great ladies.

***“For some reason, we alcoholics seem to have the gift of picking out the world's finest women.”***

***(Except from Dr. Bob's Nightmare, Alcoholics Anonymous)***

*Excerpts from Alcoholics Anonymous reprinted with permission of A.A. World Services, Inc.*

## **District 13 Hotline Needs Your Help!**

**Is answering a call from a stranger in need  
12th Step Work? You bet it is!**

**If you're interested in adding your contact information to  
the District 13 Phone List please give your information to  
your GSR.**

**1-2 years of sobriety is suggested**



**GET ACTIVE  
JOIN THE ALKATHON**

***Volunteers Needed***

*The Alkathon Committee Will Be Electing All Positions.*

***Chairperson***

***Assistant Chairperson***

***Secretary***

***Treasurer***

***Assistant Food Coordinator***

***Gift Table Coordinator***

***Shift/ Volunteer Coordinator***

***Computer Geek Needed***

**CHURCH OF THE GOOD SHEPHERD**

**MAIN ST in NASHUA**

**THURSDAY, AUGUST 21ST\_ 6:00pm to 7:00pm**

***The Alkathon is 33 hours of continuous meetings, fellowship, food and fun  
Starting Wednesday, Christmas Eve at noon with a luncheon and ends  
Thursday, Christmas Night at 8:00 pm.***

**STATEMENT OF PURPOSE**

***“The purpose of the Alkathon Committee is to provide a safe and healthful environment for  
those persons with a desire to stay sober during the Holiday Season”.***

***Any questions contact Steve C. at 603-204-7907***

## Dates To Remember

### **District 13 Function Committee**

Thursday Nights @  
Good Shepherd Church  
Nashua 6-7pm

### **Area Committee Meeting**

Sunday, July 27th  
1 - 4pm Hooksett

### **District 13 GSR Meeting**

Wednesday, August 20th  
Merrimack, YMCA

### **Area Assembly**

Hosted by District 17  
Saturday, August 23rd

### **Area Committee Meeting**

Sunday, September 28th  
1 - 4pm Hooksett

### **Area Committee Meeting**

Sunday, October 26th  
8am - 4pm

### **Area Assembly - AREA INVENTORY**

Hosted by District 13  
Saturday, November 22nd

### **Area Committee Meeting**

Sunday, December 28th  
1 - 4pm Hooksett

## **NEW SUMMER OUTDOOR MEETING**

### **3rd SUNDAY SOBRIETY**

Sunday, July 20th 3 - 4 pm

Meeting **every 3rd Sunday** of the month throughout the  
summer

Peabody Mills Environmental Center  
Amherst, NH

<http://www.amherstnh.gov/pmec/>

## **Bridging the Gap**

**Bridging the gap is a temporary contact program to help "Bridge the Gap" between a person released from a Correctional or Treatment facility and A.A. Meetings. A volunteer is not a sponsor, although they may sponsor the person if they choose to.**

**It is suggested that the temporary contact take the newcomer to a variety of A.A. meetings; introduce him or her to other A.A.'s; ensures that he or she has the phone numbers of several A.A. members, and share the experience of sponsorship and a home group.**

**For more information or to volunteer please visit:**

[www.mv.com/ipusers/nhaa/BridgingTheGap.html](http://www.mv.com/ipusers/nhaa/BridgingTheGap.html)

## Newsletter Deadline

This is YOUR Newsletter. If you would like to contribute an article or personal experience for publication or advertise an upcoming event for your group, **please** send the information to:

District 13 News  
P.O. Box 3513  
Nashua, NH 03061  
Email:[newsletter@nhaa13.org](mailto:newsletter@nhaa13.org)

**Deadline For Next Issue — August 15th 2008**